



Cardiology

Minimum age: Adult / 18+ years old

Location: Monroe Carell, floors 5 and 7

Infants and children on the cardiology unit can be admitted a few days, weeks, or months at a time so volunteers are especially helpful to promote normalization and play during their hospital stay. As many cardiac conditions are diagnosed prior to or at the time of birth, many of the patients served on these units are infants who greatly benefit from positive play and cuddling from volunteers. When interacting with older patients, volunteers will have access to activities such as arts and crafts, video games, & board games. Volunteers also help to maintain a safe and therapeutic environment by cleaning toys and organizing the unit playroom.

Skills: Previous experience volunteering in a hospital setting is required, as well as the ability to develop and maintain professional boundaries. Volunteers in this area should be independent, flexible, and open to working with medical staff. These volunteers will work primarily with infants but will also spend time providing support to older patients as well.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts (2 hr)		9:30 am – 11:30 am	9:30 am – 11:30 am	9:30 am – 11:30 am	9:30 am – 11:30 am	9:30 am – 11:30 am	
		Noon – 2:00 pm	Noon – 2:00 pm	Noon – 2:00 pm	Noon – 2:00 pm	Noon – 2:00 pm	
		2:30 pm – 4:30 pm	2:30 pm – 4:30 pm	2:30 pm – 4:30 pm	2:30 pm – 4:30 pm	2:30 pm – 4:30 pm	

Child Life Playrooms

Minimum age: Adult / 18+ years old

Location: Monroe Carell, multiple floors

Our six playrooms, supervised by volunteers, are open periodically throughout the day. Each playroom has activities such as infant and toddler toys, board games, arts and crafts, and video games. Volunteers encourage play in these areas for patients and their families to help normalize the hospital setting.

Skills: Experience working with children, fun, creative, outgoing personality, and open to working with a team of volunteers and staff. These volunteers serve patients of all ages on multiple inpatient floors.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts		9:30 am – noon	9:30 am – noon	9:30 am – noon	9:30 am – noon	9:30 am – noon	
	11:00 am- 2:00 pm	1:30 pm – 4:00 pm	1:30 pm – 4:00 pm	1:30 pm – 4:00 pm	1:30 pm – 4:00 pm	1:30 pm – 4:00 pm	11:00 am – 2:00 pm
		6:00 pm – 8:00 pm	6:00 pm – 8:00 pm	6:00 pm – 8:00 pm	6:00 pm – 8:00 pm		



Comfort Cart

Minimum age: Adult / 18+ years old

Location: Monroe Carell, multiple floors

The comfort cart provides patients and family members with toiletries and comfort items such as blankets and stuffed animals. This cart travels room-to-room on multiple inpatient floors during the two-hour shift. Volunteers have the opportunity to interact with many different individuals while spending a certain amount of time on each floor.

Skills: A comfort cart volunteer must be able to work independently, needs an outgoing personality and strong customer service skills.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts (2 hr)		6:00 pm – 8:00 pm	6:00 pm – 8:00 pm	6:00 pm – 8:00 pm	6:00 pm – 8:00 pm	2:00 pm – 4:00 pm	11:00 am – 1:00 pm

Diabetes Clinic

Minimum age: Adult / 18+ years old

Location: Eskind Pediatric Diabetes Outpatient Clinic (1215 21st Avenue South, Suite 8410)

Volunteers provide activities to patients in the Diabetes Clinic waiting room. Volunteers may need to help direct families around the Medical Center and Monroe Carell. They also work with Child Life staff to ensure toys are safe and clean.

Skills: This volunteer should be able to function independently. Experience working with and engaging children in play is a plus. A fun, outgoing personality, and the ability to connect with children quickly is a must. This area serves many patients every day so a volunteer interacts with multiple individuals at a time in a fast-paced setting.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts (2 hr)		9:00 am – 4:00 pm	9:00 am – 4:00 pm	9:00 am – 4:00 pm	9:00 am – 4:00 pm		



Diagnostic Imaging

Minimum age: Adult / 18+ years old

Location: Monroe Carell, 1st floor

Diagnostic Imaging is a fast-paced, busy area of Monroe Carell. An average of 100 children a day come here to get different types of x-rays. This can be a scary place for patients, so volunteers use an activity cart stocked with toys and arts and crafts to engage children in play during their wait. Activities may also take place outside in the Friend's Garden, just off the waiting area. Volunteers may need to direct families around Monroe Carell, as well as work with Child Life staff to ensure that toys are safe and clean.

Skills: This volunteer must be able to work independently. Experience working with children in play is a plus. Volunteers must have an outgoing personality, and the ability to connect with children quickly.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts (2 hr)		10:00 am – 4:00 pm	10:00 am – 4:00 pm	10:00 am – 4:00 pm	10:00 am – 4:00 pm	10:00 am – 4:00 pm	

DOT Activity Cart

Minimum age: Adult / 18+ years old

Location: Doctor's Office Tower (DOT), multiple floors

The DOT activity cart provides play activities for patients and siblings while they wait for an appointment. The cart travels to multiple waiting rooms on different floors during the two-hour shift. Volunteers will also facilitate and supervise age-appropriate play activities.

Skills: A DOT cart volunteer functions independently, has a fun, outgoing personality, and enjoys engaging children in play. Past experience working with children is a plus. A volunteer in this area serves patients, siblings, and families through brief interactions in multiple outpatient clinics.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts		10:00 am – noon	10:00 am – noon	10:00 am – noon	10:00 am – noon	10:00 am – noon	
		2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	



Friends Shop

Minimum age: Adult / 18+ years old

Location: Monroe Carell, 2nd floor

Proceeds from Friends Shop sales are used by **Monroe Carell** to support various programs and services. Volunteers assist customers in choosing and wrapping gifts, delivering gifts to children and families in the hospital, and other store tasks.

Skills: Friends Shop volunteers should enjoy customer service in a retail environment, have an outgoing and friendly personality, and enjoy working with a team.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts (2 hr)		9:00 am – 5:00 pm	9:00 am – 5:00 pm	9:00 am – 5:00 pm	9:00 am – 5:00 pm	9:00 am – 5:00 pm	

Hematology/Oncology Outpatient Clinic

Minimum age: Adult / 18+ years old

Location: DOT, 6th floor

This clinic serves an average of 60-80 children per day. Volunteers must be comfortable providing and supervising age-appropriate play activities for children and teenagers. Volunteers also ensure toys are safe and clean.

Skills: Function independently, have previous work or volunteer experience working with children, have a fun, outgoing personality and enjoy a fast pace. Previous experience with children in a hospital setting is strongly recommended.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts (2 hr)		9:00 am – 3:00 pm	9:00 am – 3:00 pm	9:00 am – 3:00 pm	9:00 am – 3:00 pm	9:00 am – 3:00 pm	



Hospital School Program

Minimum age: Adult / 18+ years old (NOTE: volunteers needed August-May)

Location: Monroe Carell, multiple floors

Volunteers assist with tutoring and administrative tasks. Volunteers tutor patients one-on-one or in a small group, and sessions take place in a patient’s room or in a hospital classroom. Administrative tasks include making copies, preparing or organizing materials and sanitizing items after patient use.

Skills: Volunteers must be college graduates or students with an interest in teaching/education or special knowledge in an academic area. Flexibility and working independently are strongly preferred. Prior tutoring experience is also helpful.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts (2 hr)		morning or afternoon	morning or afternoon	morning or afternoon	morning or afternoon	morning or afternoon	

Jo’s Reach Out and Read

Minimum age: Adult / 18+ years old

Location: DOT, 8th floor

Jo’s Reach Out and Read promotes early literacy and school readiness by partnering with pediatricians who give new books to children and advice to parents about the importance of reading aloud. Reach Out and Read builds on the relationship between parents and medical providers to develop critical early reading skills in children ages six months to five years. Volunteers will read aloud to children waiting for their clinic appointment.

Skills: A Reach Out and Read volunteer functions independently, has experience working with children, and possesses a fun, outgoing personality.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts (2 hr)		9:00 am – noon	9:00 am – noon	9:00 am – noon	9:00 am – noon	9:00 am – noon	
		2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	



Junior League Family Resource Center

Minimum age: Adult / 18+ years old

Location: Monroe Carell, 2nd floor

Family Resource Center volunteers assist with administrative tasks such as assembling patient education notebooks and visual support kits, delivering e-Cards to patients, and more.

Skills: FRC volunteers need to be organized, task-oriented, and prefer working behind the scenes.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts (2 hr)		9:00 am – 4:00 pm	9:00 am – 4:00 pm	9:00 am – 4:00 pm	9:00 am – 4:00 pm	9:00 am – 4:00 pm	

Myelosuppression Unit (6A)

Minimum age: Adult/18+ years old

Location: Monroe Carell, 6A Playroom and Teen Room

The Myelosuppression unit is for patients with cancer or blood disorders. Children and teens on this unit can be admitted a few days, weeks, or months at a time so volunteers are especially helpful to promote play and normalization during their hospital stay. Activities such as arts and crafts, video games, board games, and infant toddler toys are available for patients. Volunteers encourage play at the bedside for patients unable to leave their rooms. They also help to maintain a safe and therapeutic environment by cleaning toys and organizing activities.

Skills: Previous experience volunteering in a hospital setting is required, as well as the ability to develop and maintain professional boundaries. Volunteers in this area should have an outgoing personality, be independent, flexible, and open to working with a team of volunteers and staff. These volunteers will work with a wide variety of ages of children from infancy to young adulthood.

	SUN	MON	TUE	WED	THU	FRI	SAT
	11:00 am – 2:00 pm	10:00 am – noon	10:00 am – noon	10:00 am – noon	10:00 am – noon	10:00 am – noon	11:00 am – 2:00 pm
Shifts		2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	
		6:00 pm – 8:00 pm	6:00 pm – 8:00 pm	6:00 pm – 8:00 pm	6:00 pm – 8:00 pm		



Pediatric Eye Clinic

Minimum age: Adult / 18+ years old

Location: Vanderbilt Eye Institute (2311 Pierce Ave)

Volunteers use toys and activities to engage children in play during their wait in the Eye Clinic waiting room. They also work with Child Life staff to ensure toys are safe and clean.

Skills: This volunteer should be able to function independently. Experience working with and engaging children in play is a plus. A fun, outgoing personality and the ability to connect with children quickly is a must. This area serves many patients every day so volunteers will interact with multiple individuals at a time in a fast-paced setting.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts		9:00 am – 11:30 am	9:00 am – 11:30 am				
		1:00 pm – 3:30 pm	1:00 pm – 3:30 pm				

PICU

Minimum age: Adult / 18+ years old

Location: Monroe Carell, 5th Floor

Volunteers provide positive play experiences for children in their rooms at the bedside, provide comfort items for parents, and offer play opportunities and respite for siblings or other child visitors.

Skills: Volunteers **must have previous experience** working or volunteering with children in medical settings. It is preferred that volunteers also have previous experience with critically ill children or those with special and complex health care needs (which may include severe disabilities). Volunteer will need to comfortably and confidently communicate with children of all ages and abilities, family members, and hospital staff. Volunteer should be an independent worker, responsible, flexible, open-minded, have a positive attitude and demonstrate maturity and good judgment working within the hospital environment. Volunteer should be aware of and comfortable within a critical care environment that may contain life-saving medical equipment and care procedures.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts		9:30 am – noon	9:30 am – noon	9:30 am – noon	9:30 am – noon	9:30 am – noon	
		1:30 pm – 4:00 pm	1:30 pm – 4:00 pm	1:30 pm – 4:00 pm	1:30 pm – 4:00 pm	1:30 pm – 4:00 pm	



Surgery Waiting Room

Minimum age: Adult / 18+ years old

Location: Monroe Carell, 3rd floor

Volunteers use toys and arts and crafts to engage children in play during their wait. Volunteers may need to direct families around the Monroe Carell as well as work with Child Life staff to ensure that toys are safe and clean.

Skills: Children may be scared or nervous about going into surgery, so it's very important to be able to connect with children quickly and put them at ease. A surgery waiting room volunteer functions independently, is able to engage children in play, and has a fun, outgoing personality.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts (2 hr)		7:00 am – noon	7:00 am – noon	7:00 am – noon	7:00 am – noon	7:00 am – noon	

Toy Activity

Minimum age: Adult / 18+ years old

Location: Monroe Carell, multiple floors

Toy activity volunteers help ensure that toys are safe and clean for patients and families. They stock shelves and storage areas, and help clean toys.

Skills: This volunteer is task-oriented, able to work independently, and prefers working behind the scenes.

	SUN	MON	TUE	WED	THU	FRI	SAT
Shifts	11:00 am – 2:00 pm	10:00 am – noon	10:00 am – noon	10:00 am – noon	10:00 am – noon	10:00 am – noon	11:00 am – 2:00 pm
		2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	2:00 pm – 4:00 pm	
		6:00 pm – 8:00 pm	6:00 pm – 8:00 pm	6:00 pm – 8:00 pm	6:00 pm – 8:00 pm		